



# We will create a **STRONG PASSWORD**

## STEP 1

### THE SECRET PHRASE

Imagine a phrase that only you know, such as:

**"Morning coffee is my energy."**

This phrase will serve as the basis for your password.



## STEP 2

### THE COMBINATION

Turn your phrase into a password by mixing uppercase, lowercase, numbers and symbols. For example, you could use:

**"M0rn1ngc0ff3e1sMy3n3rgy"**



## STEP 3

### MAKE IT UNIQUE

Customize your password for each account you have.

For example, add symbols or letters that are easy to remember for that account.

**"M0rn1ngc0ff3e1sMy3n3rgy!GM"**



## STEP 4

### NO PERSONAL INFORMATION

Do not use information such as your name, date of birth or common words.

Be creative to prevent others from easily guessing your password.



## STEP 5

### UPDATE

Change your passwords from time to time to maintain the security of your accounts.



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