HOW OFTEN SUPPORT YOUR FILES?

DAILY

Ideal for critical or constantly updated files, such as databases, daily documents, and ongoing projects.

WEEKLY

PROJECT

Recommended for important, non-daily information such as reports, presentations, spreadsheets, and configurations.

MONTHLY

Ideal for files that
change little and that
you want to keep
secure, such as
historical files or closed
financial reports.



Remember:

¡There is no backup too frequent!